PGY1 Ambulatory Care Focus Residency Program
Phoenix VA Health Care System
Phoenix, Arizona

RESIDENCY PROGRAM DIRECTOR

Shannon Mentzel, PharmD, BCPS is originally from Cleveland, Ohio. She received her BS in Biology from Kent State University in 1999 and then received her Doctor of Pharmacy from the University of Cincinnati in 2003. She completed a PGY1 pharmacy practice residency in 2004 and obtained board certification in pharmacotherapy in 2005. She began her career at the Cincinnati VA Medical Center as a clinical pharmacy specialist practicing in primary care, HIV, and hepatitis C. Shannon joined the Phoenix pharmacy team in 2007 as a clinical pharmacy specialist in ambulatory care. In addition to serving as a resident preceptor, in 2008 she began working as the ambulatory care PGY 1 residency program coordinator and in 2009 she had the opportunity to become the director of the program. She enjoys actively working with the residents in clinical practice and providing them with mentoring for their future careers in pharmacy. She has served on various committees that have focused on formulary management, outpatient pharmacy redesign, and diabetes process improvement. Away from pharmacy she enjoys spending time outdoors with her family and dog, boating, target shooting, skiing/snowboarding and traveling.

PRECEPTORS

Matthew Ahuett, PharmD, BCPS received his degree from the University of Illinois in 1989. He practiced in a retail setting until 1994 when he joined the Phoenix VA Healthcare system pharmacy team. He has practiced mainly in primary care but also has interests in geriatrics, nephrology and chronic pain management. Additionally, the Phoenix VA Healthcare system is an accredited ACPE provider in which he serves as administrator at his facility. Outside of his career, Matthew enjoys several types of physical activity including running, biking and weightlifting.

Alison Couchot, PharmD is a 2008 graduate from Ohio Northern University Raabe College of Pharmacy. She completed a PGY-1 Ambulatory Care Residency at the Phoenix VA in 2009. After completing her residency, she joined the staff at the Phoenix VA working at a community based outreach clinic in outpatient mental health. Her current clinical practice includes both inpatient and outpatient mental health. She enjoys precepting students and residents and remains very passionate about the mission of the VA. She enjoys exploring Arizona with her husband, watching sports, playing volleyball, skiing, and staying active with her two dogs.
Teresa Duhancik, PharmD, BCPS graduated from the University of California, San Diego with her Bachelor of Science in Biochemistry and Cell Biology in 1995 and went on to obtain her Doctor of Pharmacy from the University of California, San Francisco School of Pharmacy in 2001. She completed an Ambulatory Care Specialty Residency at the Phoenix VA Health Care System in 2002 and then joined the pharmacy team as a Clinical Pharmacist in the Medical Specialty Clinic and Immunodeficiency Clinic. Her clinical experience surrounds multiple specialty areas including infectious disease, rheumatology, neurology, pulmonary and oncology. In her spare time, Teresa enjoys spending time outdoors, traveling, and being with family.

Christie Fergus, PharmD, BCPS, CDE graduated from the University of Iowa College of Pharmacy in 2001. She has been a clinical pharmacist at the Phoenix VA Health Care System (PVAHCS) since 2002 after completion of a Primary Care Specialty Residency at the Iowa City VA Medical Center. Christie has been based in primary care for her tenure and also has 3 years of experience in inpatient psychiatry and 7 years in various diabetes clinics. From 2005-2011, she was the coordinator for the PVAHCS PGY-1 Ambulatory Care Focus Residency and currently precepts both pharmacy students and residents. Christie’s current professional interests includes diabetes and systems redesign; in 2011 she received Lean Yellow Belt certification from Purdue University. Outside of pharmacy, Christie enjoys being active, traveling and spending time with her family.

Niru Gupta, PharmD, BCPS received her Doctor of Pharmacy from University of California, San Francisco in 2005 after previously receiving a BS degree from California State University Long Beach. She completed a residency in ambulatory care at the Phoenix VA in 2006 and then transitioned into her position as a clinical pharmacist in the Medical/Surgical Specialty Clinics. She continues to work in the specialty clinic, where she works closely with providers and patients to manage complicated disease states in areas such as oncology, endocrinology, rheumatology and neurology. Additionally, Niru enjoys involvement on facility and departmental committees, which include a focus on efforts to enhance Veteran center care and the ambulatory care pharmacy residency program. Outside interests include spending quality time with family and friends, traveling, partaking in music related activities including dancing, concerts/festivals, as well as fitness activities like running and yoga.

Deanna Hansen, PharmD, CACP returned to college after serving 10 years in the US Navy as an Ocean Systems Technician. She graduated from the University of Iowa College of Pharmacy in 1999 and then went on to complete a specialized residency in ambulatory care at the Iowa City VAMC where her focus was managing patients with diabetes, asthma, high cholesterol and anticoagulation therapy and assisting in medication management. Upon completion of her residency, Dr. Hansen moved to Mason City, Iowa where she established their first pharmacist-run clinic which specialized in anticoagulation. As a veteran, she believes strongly in the mission of the VA. So in 2002, she moved to Arizona, where she practices at the Phoenix VA Health Care System specializing in anticoagulation therapy. She also is a board member for the Arizona Anticoagulation Forum and is one of the developers of and a speaker for the AzPA Anticoagulation certification course which has been accredited by ACPE. She enjoys free time participating in the Motorcycle Color Guard of America, hiking, kayaking, target shooting and visiting medical facilities with her two therapy dogs.
Diane Hagen, PharmD graduated from the University of Arizona, College of Pharmacy, after completing a BS in Biology. She then finished a general clinical residency at the University of Illinois at Chicago in 1992. After residency, she worked at St. Luke’s hospital in Phoenix as the clinical pharmacist in the Special Care Unit. From there, she joined the staff at the Phoenix VA Medical Center in 1995. Her clinical work has ranged from intensive care to internal medicine and is now focused on geriatrics in the Community Living Center (CLC). She is a preceptor for the Phoenix VA pharmacy residents, and a clinical instructor for 4th year pharmacy students through the University of Arizona. In her spare time, Diane enjoys spending time with her husband and two daughters, hiking, reading and traveling.

Sona Hepfinger, PharmD graduated from the University of Illinois College of Pharmacy in 2000. She then completed a Pharmacy Practice Residency at the Phoenix VA Health Care System (PVAHCS) and joined the pharmacy team as a clinical pharmacist in 2001. She currently works part-time as an Ambulatory Care PACT Clinical Pharmacist and provides back-up clinical pharmacy support for ENT, Employee Health and Severely-Injured / Polytrauma Clinic. She is a member of the Ambulatory Care Resident Coordinator Committee and serves as a Continuity of Care Clinic Preceptor. In addition, she has an appointment with the University of Arizona School of Pharmacy precepting fourth year pharmacy students. She has served as a residency research project preceptor and assisted in obtaining funding for one of the first prospective pharmacy residency research projects in the program. In addition, she was an active member of the Pharmacy Research Group (VAPOR) during which time she published a case report and assisted in authoring an article on pharmacy mentoring. In her free time, Sona enjoys spending time with her husband (who is also a PVAHCS clinical pharmacist), her two daughters and their two dogs.

Amanda Huels, PharmD, BCPS received her BS in Biology from Baylor University in 2001 and her Doctor of Pharmacy in 2005 at the University of Arizona. She completed a Residency in Ambulatory care in 2006, and has served as a clinical pharmacist in Ambulatory Care / PACT since. Amanda has been actively involved in many facility committees (LDL Review, PACT, Education Pillar) and has supported the residency program as a preceptor, project co-investigator, as well as an interview and residency committee member. She was also selected for and completed the VISN 18/19 Leadership Development Institute (LDI) program in 2010. Amanda enjoys spending time with her husband, daughter, and friends and has been an active member of the Junior League of Phoenix since 2005, volunteering time to give back to the Phoenix community, as well as mentoring new members.

Debbie Lee, PharmD graduated from the University of Arizona College of Pharmacy in 2006. She completed a PGY1 Ambulatory Care Focus Residency at the Carl T. Hayden Veterans Affairs Medical Center in Phoenix, Arizona in 2007. After completing her residency, she joined the team at the Phoenix VA as a staff pharmacist and became a member of the Ambulatory Care Clinical Pharmacy Team in 2009. She currently works as a primary care clinical pharmacist with a focus on chronic disease state management (DM, Lipids, HTN) and provides coverage for the Severely Injured/Polytrauma Clinic, Dental Clinic, and serves as the preceptor for the Diabetes Patient Education Program. Past experiences include working in specialty clinics such as Gynecology, Dermatology, Allergy and Home-Based Primary Care. She is a clinical preceptor through the University of Arizona College of Pharmacy and enjoys mentoring students and precepting residents. In her spare time, Debbie enjoys playing volleyball, running, and traveling.
Amy K. Leung, PharmD, BCPS graduated from the University of Arizona in 2004 and completed an Ambulatory Care Residency at the Phoenix VA Health Care System in 2005. After 3 years as a pharmacist in our inpatient pharmacy area, Amy transitioned her practice to the ambulatory care area where she has served as a clinical pharmacist since 2008. Amy remains involved in pharmacy organizations, serving as the AzPA Health System Academy Director of Communications from 2007-2009. Locally, she’s a member of the education pillar and residency coordinator committee. Amy also has been involved in national VA workgroups, having served as the VA Clinical Advisory Board, Editorial Group Leader from 2011-2012. Amy enjoys staying active and being outdoors, participating in Disney running events with friends, and traveling the world.

Lisa Libby, PharmD, CGP received a Bachelor of Science in Pharmacy as well as a Doctor of Pharmacy degree from the University of Arizona. She completed an ASHP-accredited Specialized Residency in Ambulatory Care at the Medical College of Virginia in Richmond, Virginia. She worked on faculty as an assistant professor at Virginia Commonwealth University School of Pharmacy from 1990-1993, serving as the clinical pharmacy supervisor of the pharmacy services clinic at the Medical College of Virginia Hospital System during that time. She accepted a position at the Phoenix VAMC in 1993, and has worked as a Clinical Pharmacy Specialist in both Ambulatory Care and Geriatrics. She enjoys precepting students and residents in the Community Living Center. Outside of work, Lisa is raising 5 children with her husband, enjoys outdoor activities, scrapbooking, and foster parenting.

Micki Burch Martin, PharmD received both her Bachelor of Pharmacy and Doctor of Pharmacy degrees from University of Arizona. She completed a Pharmacy Practice Residency at the Phoenix VAMC. In 1990, she began working at the Phoenix VA in the area of Internal Medicine with an emphasis in infectious disease and has since rotated to a variety of areas throughout the hospital including surgery, nutrition support, critical care, and most recently the Community Learning Center/Palliative Care unit. She holds an appointment through the University of Arizona as a clinical instructor and has precepted over 100 students/residents. In addition to pharmacy students and residents, she enjoys teaching her four children at home as well as hiking and working with her horses.

Jeff Moghina, PharmD, BCPS graduated from Midwestern University College of Pharmacy in Glendale, AZ in 2010. He completed a pharmacy practice residency at the Roseburg VA Healthcare System in Roseburg, Oregon in 2011. After completing his residency, he joined the staff at the Phoenix VA in the outpatient pharmacy. He joined the clinical pharmacy staff in February 2012 working in the outpatient anticoagulation service. He earned his board certification in pharmacotherapy in 2012. His current practice is in the anticoagulation services and also has interest in diabetes, medication management, and patient education. Outside of pharmacy he enjoys spending time with family and friends, hiking, tennis, mission work, and traveling.
Jennifer Retterer, PharmD, BCPS received her PharmD degree from University of Arizona in 1997. She then completed a pharmacy practice residency at the Reno, Nevada VA Hospital and Clinics and joined the PVAHCS ambulatory care pharmacy team in 1998. She received her adjunct faculty (clerkship preceptor) appointment with the University of Arizona in 1999. She was instrumental in the development of the current PGY1 Ambulatory Care Focus Residency in 2001, serving as residency coordinator through 2005 and then as residency director through 2009 when she accepted a position at the Thunderbird Community Based Outpatient Clinic (CBOC) in north-central Phoenix. Jenn remains active in the residency program, continuing to precept residents in clinic, assisting with research projects, and is an active member of the residency coordination committee. She specializes in women’s health, primary care, and evidence based medicine. Her practice areas of interest include hyperlipidemia, hypertension, CHF, and diabetes. However, her professional passion is teaching students and residents. She has presented several lectures and posters at local and national pharmacy meetings. Jenn enjoys traveling (including memorable trips in the last decade to New York City, Grand Canyon [rim-to-rim hike] and Zion National Parks) and spending time with her husband and daughter, hiking, scrapbooking, reading and watching movies. Picture of Jenn drawn by herself and colored by her daughter who was born in 2010.

Todd Rowland, PharmD, BCPS is a Pharmacoeconomist at the Phoenix VA, specializing in formulary management, applied pharmacoeconomics, medication safety, and outcomes research. He is a preceptor for the Pharmacoeconomics rotation and helps coordinate longitudinal residency projects such as Medication Use Evaluations, guideline and criteria for use development, and residency research projects. Todd is a member of several hospital and VISN committees including Pharmacy and Therapeutics Committee, Continuing Medical Education Committee, IRB, VISN 18 Pharmacy Benefits Management group, and he chairs the Phoenix VA Pharmacy Education Committee and the VISN 18 Clinical Pharmacy Operational Team. Todd earned his PharmD degree from the University of Arizona College of Pharmacy in 1998. He completed his PGY1 Pharmacy Residency at the Southern Arizona VA and practiced as a Clinical Pharmacist in Ambulatory Care for 6 years at the Southern Arizona VA. He spent a year in the Anticoagulation Clinic at the University of Pittsburgh Medical Center, then returned to Arizona in 2006 when he was hired as a Pharmacoeconomist at the Phoenix VA. When not at work you can usually find Todd rolling along one of the local mountain bike trails, target shooting, building RC model planes with his son, sanding one of his many unfinished woodworking projects, or spending other quality time with his wife and two kids.

Mandy Short, PharmD, BCPS is a 2006 graduate of the University of Kansas School of Pharmacy. She completed an Ambulatory Care residency at the Phoenix VA and has continued practicing in Ambulatory Care. After initially practicing in primary care for 2 years, she transitioned to her current position in the Medical Specialty and Surgical Clinics working with many specialty services including gastroenterology, endocrinology, rheumatology, oncology, and podiatry. She enjoys precepting students and residents and has been a primary investigator in a resident research project evaluating the new triple therapy in Hepatitis C treatment. In her spare time, Mandy likes to travel, read, and spend time with her family.
**Eric Weber, PharmD, BCPS, FASHP** is an Arizona native, graduating from the University of Arizona in 1995, completing a pharmacy practice residency in 1996, and gaining board certification in Pharmacotherapy in 1998. He's been a member of the clinical pharmacy team at the Phoenix VA Health Care System since 1997, currently practicing as a clinical pharmacy specialist in ambulatory care. In his career, Eric has enjoyed active involvement at the national and regional level of VA, serving on multiple workgroups and task forces – currently serving as a member of the National Clinical Pharmacy Advisory Group and VISN 18 Pharmacy Clinical Operations Team. Between 2003 and 2010, he also served as a site visit consultant for VA, providing consultative reviews to several VA facilities nation-wide. Eric is an advocate for Health System Pharmacy both nationally and at the state level, serving as the Arizona representative to the ASHP House Of Delegates for 6 years as well as serving as the Maricopa District Director and the education director for the Arizona Society of Health System Pharmacy. He has several national publications and presentations to his credit, many on the topic of advanced practice technicians. When away from pharmacy, Eric loves to run marathons and ultra-marathons, hike away from civilization, travel on a budget, play disc golf, and spend time with family and friends. Bucket list items include traveling to Easter Island, attending the Paralympic Games, hiking the Arizona Trail, and retiring while still healthy enough to enjoy the extra time.

**Michelle Wilhardt, PharmD** earned her Doctor of Pharmacy degree from University of Arizona in 1998. Following graduation, she completed her Pharmacy Practice Residency at the Puget Sound VA Healthcare System and her Pharmacoeconomics Residency at the San Diego VA Healthcare System. She joined the Phoenix VA Healthcare System as a pharmacoeconomist in 2000. She also serves as a preceptor for the Pharmacoeconomics residency rotation. Her areas of interest include applied pharmacoeconomics, formulary management, drug utilization evaluations and outcomes research. She is a member of the Antimicrobial Subcommittee, Specialty Medication Subcommittee, and Pharmacy & Therapeutics Committee, as well as the VISN 18 Clinical Pharmacy Operations Team and the VISN 18 Pharmacy Benefit Management Committee. She has served as a member of the Phoenix VA Research and Development Committee and a research mentor to the pharmacy residents. Her professional memberships include American Society of Health-System Pharmacists. She enjoys free time with her family and friends.

**Other Preceptors:** Brenda Burke, Greg Jones, and Greg Kidd